

In tandem chemical action and COMMON SIDE EFFECTS OF HEART AND/OR BLOOD PRESSURE DRUGS USED unnecessary BECAUSE: The real cause of increased: *pulse rate, blood pressure and/or hypertension and/or lung inflammation ARE NOT* treated; instead these symptoms are treated with unnecessary heart and/or blood pressure drugs.

NOTE: that many of the drugs have the same side effects and when used together will in tandem compound the same side effects!

Following information extracted from **US-GOV MEDLINE PLUS Documented information for each drug**

Be careful not to get **albuterol** inhalation into your eyes.

Before using albuterol inhalation, tell your doctor if you have or have ever had an **irregular heartbeat, heart disease, high blood pressure.**

Albuterol may cause side effects. Tell your doctor if any of these symptoms are severe or do not go away:

- **uncontrollable shaking of a part of the body**
- **nervousness**
- headache
- **nausea**
- vomiting
- cough
- **throat irritation**
- muscle, bone, or back pain

Some side effects can be serious. If you experience any of the following symptoms, call your doctor immediately:

- **fast, pounding, or irregular heartbeat**
- chest pain
- rash
- hives
- itching
- **swelling of the face, throat, tongue, lips, eyes, hands, feet, ankles, or lower legs**
- increased difficulty breathing
- **difficulty swallowing**
- **hoarseness**

Amlodipine aka Norvasc may cause side effects.

- **swelling of the hands, feet, ankles, or lower legs**
- headache
- **upset stomach**
- stomach pain
- **dizziness or lightheadedness**
- drowsiness
- **excessive tiredness**
- **flushing (feeling of warmth)**

Be careful not to get **levalbuterol** inhalation into your

eyes. Before using levalbuterol (Xopenex) tell your doctor if you have or have ever had **high blood pressure, irregular heartbeat.**

Levalbuterol may cause side effects:

- headache
- **dizziness**
- **nervousness**
- **uncontrollable shaking of a part of the body**
- **heartburn**
- vomiting
- **cough**
- **weakness**
- **fever**
- diarrhea
- muscle pain
- **leg cramps**

Some side effects can be serious:

- **fast or pounding heartbeat**
- chest pain
- hives
- skin rash
- itching
- **swelling of the face, throat, tongue, lips, eyes, hands, feet, ankles, or lower legs**
- **increased difficulty breathing or difficulty swallowing**
- **hoarseness**

Lisinopril may cause side effects:

- cough
- **dizziness**
- headache
- **excessive tiredness**
- **upset stomach**
- diarrhea
- **weakness**

Some Amlodipine side effects can be serious.

- more frequent or more severe chest pain
- rapid, pounding, or irregular heartbeat
- fainting

Some Lisinopril side effects can be serious:

- swelling of the face, throat, tongue, lips, eyes, hands, feet, ankles, or lower legs
- hoarseness
- difficulty breathing or swallowing
- fever, sore throat, chills, and other signs of infection
- lightheadedness
- fainting

Before taking prednisone, tell your doctor what prescriptions you are taking and be sure to mention any of the following: **diltiazem** (Cardizem), **aspirin**, and/or if you have or have ever had: **high blood pressure**; **emotional problems**; or **osteoporosis** which are only a few of the drugs and/or conditions listed.

You should also know that **prednisone** may decrease your ability to fight infection and may prevent you from developing symptoms if you get an infection.

Prednisone may cause side effects:

- headache
- dizziness
- difficulty falling asleep or staying asleep
- inappropriate happiness
- extreme changes in mood
- changes in personality
- bulging eyes
- acne
- thin, fragile skin
- red or purple blotches or lines under the skin
- slowed healing of cuts and bruises
- increased hair growth
- changes in the way fat is spread around the body
- extreme tiredness
- weak muscles
- irregular or absent menstrual periods
- decreased sexual desire
- heartburn
- increased sweating

Some **Prednisone** side effects can be serious:

- swelling of the eyes, face, lips, tongue, throat, arms, hands, feet, ankles, or lower legs
- difficulty breathing or swallowing
- vision problems
- eye pain, redness, or tearing
- sore throat, fever, chills, cough, or other signs of infection
- seizures
- depression
- sudden weight gain
- loss of contact with reality

Before taking diltiazem, tell your doctor what prescriptions you are taking.

Many other medications may also interact with **diltiazem**, so be sure to tell your doctor about all the medications you are taking, even those that do not appear on this list.

NOTE: **Prednisone** was not on listed in **diltiazem** warning, but the **Prednisone** information warned about using **Prednisone** with **Diltiazem**.

Diltiazem may cause side effects. Tell your doctor if any of these symptoms are severe or do not go away:

- dizziness or lightheadedness
- flushing (feeling of warmth)
- headache
- weakness
- slow heartbeat
- vomiting
- diarrhea
- constipation
- nasal congestion
- cough

Some **diltiazem** side effects can be serious.

- swelling of the face, eyes, lips, tongue, hands, arms, feet, ankles, or lower legs
- difficulty breathing or swallowing
- fainting
- rash
- yellowing of the skin or eyes
- nausea
- extreme tiredness
- unusual bleeding or bruising
- lack of energy

- confusion
- muscle twitching or tightening
- shaking of the hands that you cannot control
- numbness, burning, or tingling in the face, arms, legs, feet, or hands
- upset stomach
- vomiting
- lightheadedness
- irregular heartbeat
- shortness of breath, especially during the night
- dry, hacking cough
- swelling or pain in the stomach

- loss of appetite
- pain in the upper right part of the stomach
- flu-like symptoms
- increase in frequency or severity of chest pain (angina) **Symptoms of overdose may include:**
- slow, fast, or irregular heartbeat
- fainting
- difficulty breathing
- seizures
- dizziness
- confusion
- nausea
- vomiting
- increased sweating